

Where the heart finds a home.....



The mission of the Cabrini Retreat Center is to welcome all groups of faith for retreats, meetings and times of personal prayer. In the tradition of Saint Frances Xavier Cabrini, our foundress, we hold a special place in our hearts for immigrants, women and youth.

Advent 2018

***"No one has ever seen God; but if we love one another,
God lives in us and his love is made complete in us. 1 John 4:12***

Dear Friend,

Our Foundress, St. Frances Xavier Cabrini, understood the meaning of love by transforming "this love" into action - as St. John says above ***"his love is made complete in us."***

The Missionary Sisters of the Sacred Heart of Jesus are asking for your help to continue the journey of love through our ministries at Cabrini Retreat Center. The staff and Sisters are dedicated to inspiring the love of God through their daily living of Gospel values.

A Kairos Retreat, as described in the enclosed reflection, is a life changing opportunity to experience the love of God in a new spiritual way. Please help us to continue to provide this retreat for every teen who desires it.

Cabrini Retreat Center is a place of peace, a resting place for the soul, a place where guests can leave behind the many stresses of daily life and be at one with God.

As a friend of the Sisters and the Retreat Center you are welcome at Cabrini – please let us know when you can stop by – take a few minutes to enjoy the beauty of the place – and, like Kairos Retreatants, focus on the bigger picture of God's love and promise.

Advent Blessings to you, my friend,

Sr. Grace Waters, MSC
Mission Integration Director



Cabrini "Kairos" 2018



KAIROS is a Greek word meaning "God's time."

A 4 day Kairos Retreat is a time away from the ordinary.

It provides teens time to focus on the bigger picture of their lives.

To the left, a Kairos cross is suspended from the Chapel choir loft by a retreatant.

Kairos 2018 @ Cabrini

- 1,495 attended or led a Kairos Retreat at Cabrini.
- \$290 is the actual cost to provide a 4 day Kairos experience at Cabrini.
- \$67,730.00 in subsidies (reduced fees) were provided by Cabrini for Kairos Retreats in 2018.

The Blessing of Kairos – a time for God to shine through

My husband and I feel so blessed that each of our sons made a Kairos retreat.

The experience continues to impact them in their daily lives.

We know that God is truly at work in them and through them.

We are grateful that Cabrini Retreat Center offers such a place.

A place where they can let go of who they are now...

So that they may indeed become the greatest version of themselves that God calls them to be.

Aren't we all called by God to do the same?



Give the Gift of Kairos to a Teen

Become a Retreat Angel...

A Kairos Retreat is an opportunity for a teen, on the threshold of young adulthood, to explore their faith in a mature way.

The 4 day Kairos experience is a huge investment of time for a busy young person – but it yields a lifelong return.

Parishes and high schools partnering with Cabrini on Kairos Retreats also invest significant resources into their Kairos programs and so into the faith lives of the youth they serve.

Help assure that cost is never an obstacle for a teen willing to invest the time and open heart needed to embrace Kairos.

Cabrini provides subsidies (reduced rates) for all youth retreats.

Your donation of \$290, or whatever you can afford, keeps the doors of Cabrini open.

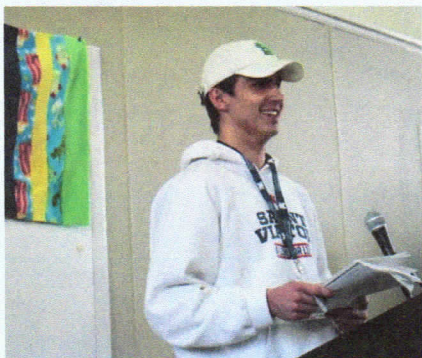


"Kairos is a time to allow God to bring you closer to the person He created you to be."

Kevin, 2018 Kairos Leader



Youth celebrate Mass at Cabrini Retreat Center.



Kairos Talk #1 – “Why am I here?”

Leader Kevin challenges:

“When I let go of what I am, I become what I might be. Kairos is a time to allow God to bring you closer to the person He created you to be.”

Kairos is the opportunity to confront things that might be holding you back from being the best and happiest you possible.”

Cabrini Retreat Center – 60 years of “God’s Time”

The Missionary Sisters of the Sacred Heart of Jesus (the Cabrini Sisters), built Cabrini Retreat Center in 1957 to serve the retreat needs of the many Sisters ministering in the Chicagoland area.

Over the years, as needs have changed so has Cabrini Retreat Center.

Cabrini is now the only Retreat Center in the Archdiocese of Chicago with a primary focus on welcoming youth.

Currently approximately 80% of guests each year are teens and young adults.

We are blessed by the Missionary Sisters' willingness to provide and support this spiritual mission – so needed at this time.

Nancy Golen, Director

The need is great!

In October, a special Synod was called by Pope Francis to discern the pastoral needs of youth and young adults.

“Young people want help in facing today's challenges...”

“They ask us and demand of us a creative dedication, a dynamism which is intelligent, enthusiastic and full of hope.”

We know that our young people are capable of prophecy and vision to the extent that we, who are already adult or elderly, can dream and thus be infectious in sharing those dreams and hopes that we carry in our hearts.”

Pope Francis

Cabrini is ...

A Team Member Reflects

I am privileged to work at Cabrini Retreat Center.

I have seen, firsthand, the difference that this Center makes in people's lives.

I am blessed to work with a tremendous team of people who are dedicated, loving and hospitable.

The team truly wants the best experience for everyone who walks through our doors.

Guests describe Cabrini as a place to share their faith in God with others in a safe, respectful, peaceful environment.

Here they can “unplug” from their phones and the outside world. Cabrini is a calming respite.

With its beautiful sprawling campus, it is a place that fosters a person's faith journey without outside distractions.

After attending Kairos one retreatant summed it up well, *“Cabrini is a home away from home filled with unbelievable warmth and love where people feel comfortable to express themselves. There is such a unique and warming energy to the whole place.”*

And my personal favorite – *“The air just isn't the same outside Cabrini!”*

Kathy Wilhite, Cabrini Team & Kairos Mom



The Wilhite Family, Kevin, Kathy, Jeff, Brian and Jason.

“Indeed, hearts have been opened in our home through Kairos!”

Our sons came home knowing that God put them on Kairos for a reason and they came back with more appreciation of their unique gifts.

They also each lead a Kairos Retreat, which absolutely was even a more powerful faith experience. Leading Kairos changed their focus to how they could impact others on their own spiritual journey.